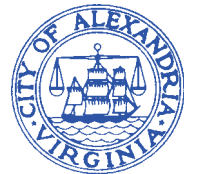


Parent Leadership Training Institute of Alexandria  
c/o Hopkins House  
1224 Princess Street  
Alexandria, VA 22314



*Democracy Includes Everyone*

## Parent Leadership Training Institute of Alexandria



PLTI-Alexandria is a cooperative effort between the Connecticut Commission on Children, the Hopkins House (Alexandria, VA.) and the City of Alexandria, Virginia.

*How can you get involved with PLTI?*

### **Take the Leadership Course.**

Applications are available now by mail, online or at Hopkins House for the Fall 2006 class. The application process requires an interview and class size is limited to 25. All classes are free. Dinner and childcare will be provided. Open to Alexandria residents only; no exclusions for age, income, education, language or nationality.

### **Teach Parent Leaders**

Applications, job descriptions and candidate criteria are available now by mail, on line or at Hopkins House. All training will be provided in Connecti-

cut and is completely free to the teacher. Teachers will be paid.

### **Become a Design Team Member**

A working board of directors with very specific assignments through committees.

### **Help Us Fund This Program**

All organizations need financial support. Classes are free but teachers are paid. We must raise \$70,000 annually to meet our budget. In 2006, matching funding is available to maximize your gift. All gifts are tax deductible to the fullest extent of the law.

Checks should be made payable to: PLTI-Alexandria c/o Hopkins House and mailed to the address below.

For more information please send us the completed form on the reverse side or contact:

Parent Leadership Training Institute  
c/o Hopkins House,  
1224 Princess Street  
Alexandria, VA 22314

703-739-0233 info@plti-alex.org

*Mission Statement*

**The Parent Leadership Training Institute  
seeks to enable parents to become leading  
advocates for children.**

# What is The Parent Leadership Training Institute?

## Organization

The Parent Leadership Training Institute (PLTI) was designed by the American Leadership Forum, Leadership Greater Hartford, and the Connecticut Commission on Children, and has been successfully training parent leaders for over ten years. The Alexandria project will be a joint cooperative effort between the Connecticut Commission on Children, Hopkins House (Alexandria, VA.) and the City of Alexandria, Virginia.

## Cornerstones

PLTI cornerstones are respect, validation and a belief that when the tools of

democracy are understood, the public will become active participants in communities.

## Definition of Parent Leadership

Parent leadership is the capacity for parents to interact within society with purpose and positive outcomes for children. Most parents are deeply concerned about the impact of schools, community and the environment on their children, but don't know how systems function or how public policy and spending decisions are made. A democracy toolkit such as PLTI training fosters the development of these vital skills.

## Goals

PTLI helps parents become the leaders they would like to be and expands their capacity as change agents for children, families and their communities. Training focuses on developing parent communities that will support one another in skills development and successful parent action for children. PTLI's intent is to facilitate systems changes that enhance parental involvement, thus increasing parent participation in policy and process decisions. Finally, it aims to support enhancement of parent-child interactions to improve child outcomes.

## Who are Parent Leaders?

Parents, caregivers, or anyone concerned about improving systems for children. Two people who have taken the class:

- Jackie Caron, a single mother of three who lived on state assistance. Today, she sits on the Norwich, Conn. City Council.
- Erik Clemons, New Haven, Conn. father of four is pursuing a college degree while working full-time for the U.S. Postal Service.

## PARENT LEADERSHIP TRAINING INSTITUTE CURRICULUM

Retreat:	Creating a Caring Community for Children
Session I:	Thriving with Diversity in the Group Process
Session II:	The Change Process
Session III:	Parents as Change Agents
Session IV:	How to Define a Problem and Work Toward a Solution
Session V:	The Intentional Use of Language
Session VI:	Learning How a Community Works
Session VII:	How Local Systems Work and How to Interact With Them
Session VIII:	Networks
Session IX:	The Power of the Media and How to Use it
Session X:	Using Your Voice
Session XI:	The Life Cycle of the Child and the Functions of the Family
Session XII:	Social and Economic Trends Affecting Children and Families
Session XIII:	What is Public Policy?
Session XIV:	How the State Works
Session XV:	How a City Works
Session XVI:	How do we Understand Law
Session XVII:	Budgets - From Wallets to State: It's all Money and Priorities
Session XVIII:	Evaluation, Outcomes and Accountability
Session XIX:	The Magic of the Unexpected Forming New Alliances
Session XX:	Language: Packaging and Moving Agendas
Graduation	YEA!

## The Course

All classes are free, dinner and childcare is provided. Leadership training for parents includes: a retreat to develop group communication, 10 weeks of classes on self and perception of leadership, 10 weeks practicing democracy skills, and a community project based upon the student's personal passions. The course ends with a local graduation. Parent graduates serve as mentors for the next class of students. Translator available.

## Yes! I want to participate in PLTI!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_



[www.plti-alex.org](http://www.plti-alex.org)

- I would like an application to take the course
- I would like information about teaching the PLTI sessions
- I would like information about participating on the Design Team
- I cannot participate now, but please keep me informed about PLTI
- I am enclosing my donation of \$ \_\_\_\_\_

### Please mail to:

Parent Leadership Training Institute of Alexandria  
c/o Hopkins House  
1224 Princess Street  
Alexandria, VA 22314

703-409-6872

[info@plti-alex.org](mailto:info@plti-alex.org)

2006/06